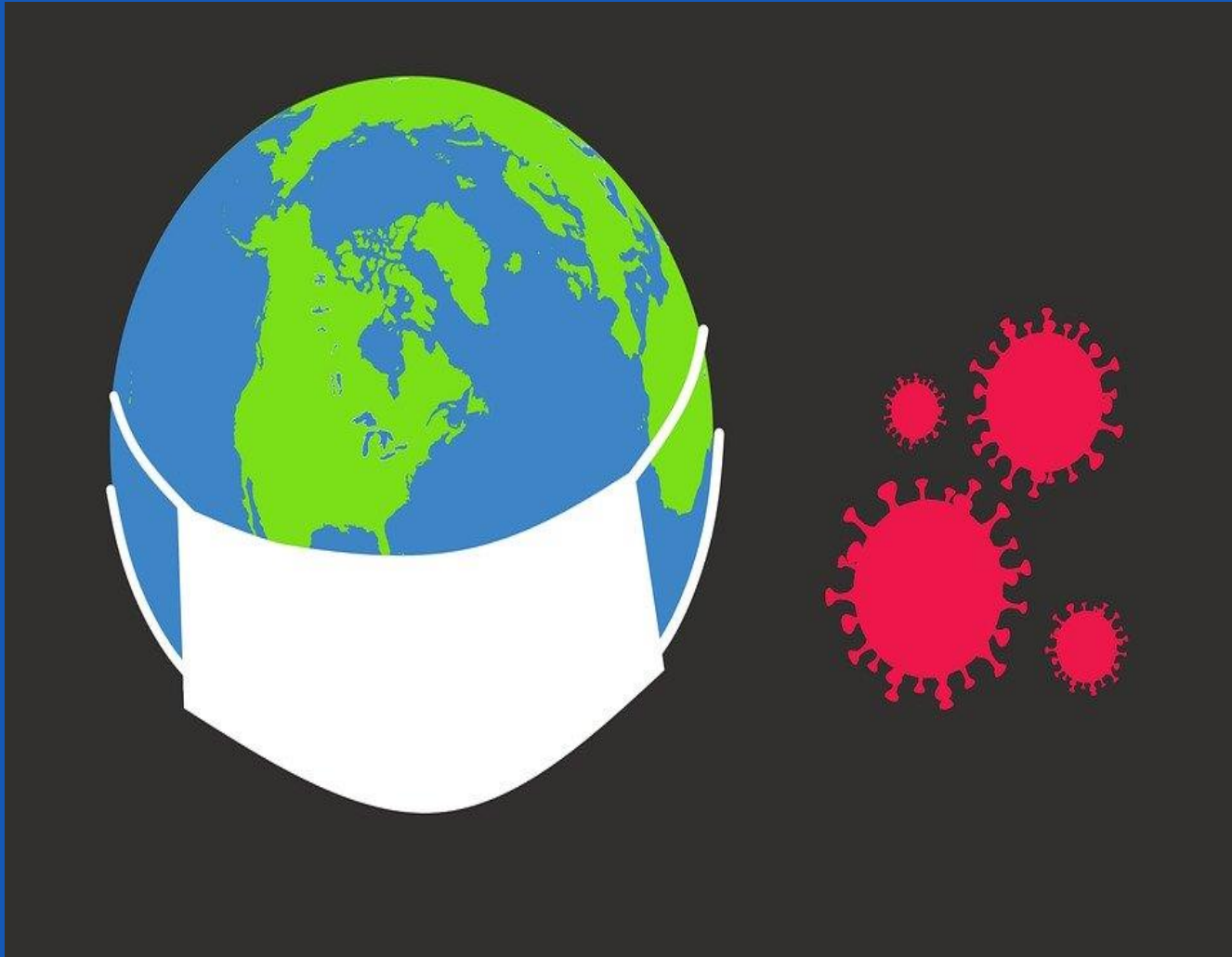




# I can wear a Mask!

A Social Story for Visual Learners

Created by: Meg Stone-Heaberlin, PsyD & Celia Schloemer, MA  
Developmental and Behavioral Pediatrics & UCCEDD  
Cincinnati Children's Hospital Medical Center



COVID-19, also known as the “coronavirus,” is a new sickness everywhere.

Some symptoms include....



People who have coronavirus might have a fever, a cough, or may have trouble breathing.



You can wear a face mask to keep coronavirus germs away and to keep from getting sick.





To stay safe, people may wear masks when they go to public places like the grocery, pharmacy, park or to see the doctor.



It is not a mask like Batman or Spiderman!



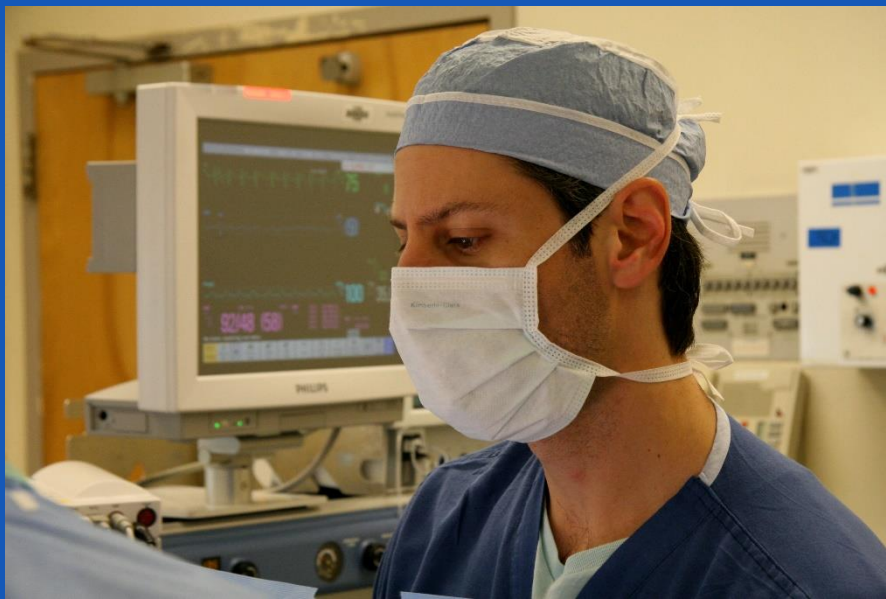
It is a cloth or medical mask more like this...





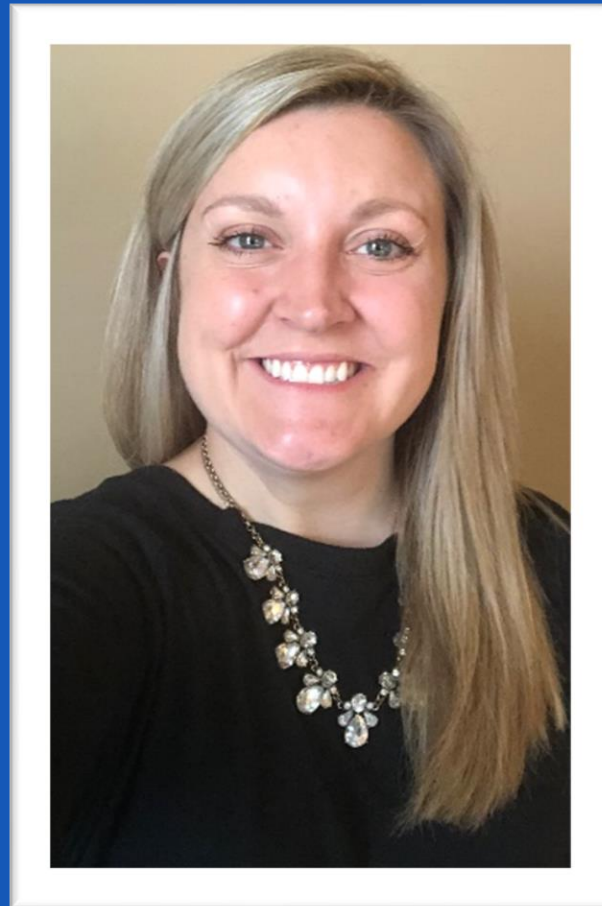
These masks  
come in many  
sizes, shapes, &  
colors.





Some are homemade. Some have elastic and hook on your ears, but some tie around your head.





People look different when they wear masks. At first, you might not recognize your neighbors, teachers, and friends. You can't see their smile.



Wearing a mask can seem uncomfortable at first. It might feel hot, tight, or itchy.

[CLICK HERE](#) for  
a video to learn  
more about  
wearing your  
new mask!



Since wearing a mask can seem weird, you should practice at home, so it is easier.





Wearing a mask  
is a way that we  
can help keep  
everyone safe.



When you keep  
others safe, you  
can be a hero too!



[CLICK HERE](#) for more information on teaching someone to tolerate a mask.